

**Open Cities Health Center, Inc.
JOB DESCRIPTION**

JOB TITLE: Behavioral Health Consultant and Therapist (NORTH END SERVICES)

JOB CLASS: EXEMPT

JOB RESPONSIBILITIES:

Under supervision of the Director for Behavioral Health Services provides expert clinical mental health services including assessment, client education, consultation with primary care providers and to behavioral health team members, brief counseling, case management, client-centered advocacy, crisis intervention and referral. Performs ongoing assessment of patient needs and develops pertinent programs. The consultant role is unique from the therapist when performing embedded support to medical services serving immediate needs of the client.

DUTIES:

- Provide assessment and brief interventions, including psychoeducation and motivational interviewing for behavioral changes to support a patient's emergent medical and emotional needs
- Provide short and long term counseling services in behavioral and medical clinic settings.
- Provide individual and family counseling related to situational stress, life crisis and trauma, and impact of disability/disease.
- Perform ongoing assessment of patient needs and help develop and implement pertinent programs (groups, classes, etc.)
- Work closely with mental health case manager and medical outreach workers to see that the patient is connected with necessary resources.
- Work closely with primary care providers to ensure that patient understands and is following recommended treatment regimens.
- Provide feedback to mental health and primary care providers to help develop a comprehensive treatment plan that is relevant to the individual patient and family's needs.
- Serve as a liaison with appropriate referral sources and community agencies.
- Contribute to the mission of Open Cities Health by providing culturally competent primary and preventive health care
- Maintain complete and timely electronic records.
- Practice to the best standards and ethics as determined by HIPPA, The Joint Commission and Minnesota Board of Social Work policies.
- Obtain ongoing clinical supervision to improve skills and to hone awareness of ethical issues.

EDUCATION and LICENSURE:

REQUIRED – Master’s or Doctoral graduate degree completed in social work, psychology, or related discipline. PREFERRED – Licensed independently or near licensure, especially as an LICSW or LP (for Medicare coverage).

EXPERIENCE: Prior experience in providing services to youth, adults and families, preferably within a medical/primary care setting.

ABILITIES:

- 1. Ability to work sensitively with patients from diverse cultures and backgrounds.
- 2. Ability to communicate effectively and work cooperatively at all levels of the organization.
- 3. Ability to clarify goals, coordinate multiple projects and patient needs concurrently, and prioritize effectively.
- 4. Ability to function flexibly and creatively in a fluid environment.

KNOWLEDGE:

- 1. Knowledge of how to diagnose and treat a variety of psychological conditions.
- 2. Knowledge of community resources.
- 3. Knowledge of how to screen for chemical dependency and refer to appropriate resources.
- 4. Knowledge and/or willingness to learn about health psychology.

Job Description Approved:

By: _____ Date _____
 CEO

By: _____ Date _____
 Department Director

By: _____ Date _____
 Human Resources Manager

Receipt of Job Description

By: _____ Date _____
 Employee